

INITIAL EVALUATION WORKSHEET**Therapist Name:****Patient Name (Sex):****Date of Birth (Age Y/O):****BMI: Low/High/NL****Date of Eval:****Hand Dominance:** ☐ Right ☐ Left**Employment (sustain posture):****Educational level:****Hobbies/ Interests/ Exercise:****What activities are you having difficulty performing?****Have you had any testing?** ☐ X-rays ☐ MRI ☐ EMG/ Nerve Conduction Test ☐ CT Scan ☐ Other**Results:****Did you have a surgery?** ☐ Yes ☐ No**If Yes, please describe (Date of Surgery):****Have you ever had these symptoms before?** ☐ Yes ☐ No **Description:****Have you ever had treatment before for these symptoms?** ☐ Yes ☐ No **If Yes, please describe:****What activities make your pain WORSE?****What activities make your pain BETTER?****Do you use an assistive device?** ☐ None ☐ Cane ☐ Walker ☐ Wheelchair ☐ Other:**CC:****Past Hx:****Special Test:****ROM (P,A):**

DTR:

Local edema (swelling):

Trophic change (Ulcer, Deformity):

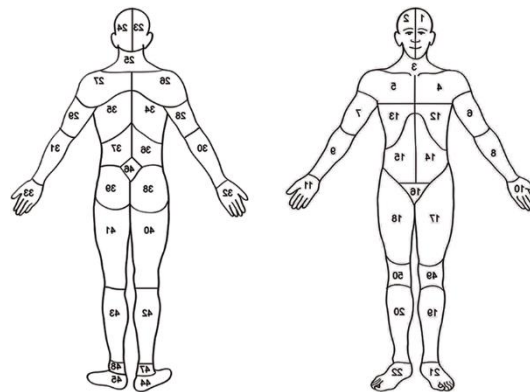
Temp:

General posture:

Sensory integration:

Gait:

Balance:



VAS (0-10):

Are your symptoms: ☐ Constant ☐ Come and Go ☐ Ache ☐ Deep ☐ Superficial ☐ Dull ☐ Sharp ☐

Shooting ☐ Burning ☐ Numbness/Tingling ☐ Other:

Does your pain seem to be WORSE at a certain time of day? ☐ Yes ☐ No If Yes, ☐ Morning ☐ Night ☐ Other:

MMT:

Dx:

Plan:

Evaluation after 10 sessions: