



**Soheila Abbasi, PhD, PT**

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**Personal information**

Married

Date of birth: 9 Sep,1988

**Educational information**

BSc from Shiraz University of Medical Sciences, 2006-2010

MSc from Shiraz University of Medical Sciences, 2010-2013

PhD from Tehran University of Medical Sciences, 2014-2020

**English Publications**

- ✓ Abbasi Soheila, Rojhani-Shirazi Zahra, Shokri Esmaeil, San José FG-M. The effect of Kinesio Taping on postural control in subjects with non-specific chronic low back pain. *Journal of bodywork and movement therapies*. 2018;22(2):487-92.
- ✓ Abbasi Soheila, Rasanani Mohammad Reza Hadian, Ghotbi Nastran, Olyaei Gholamreza, Rasouli Omid. The Effect of Kinesio Taping on Pain, Functional Disability, and Trunk Range of Motion in People with Nonspecific Chronic Low Back Pain: A Single-group Pretest-Posttest Trial. *Journal of Modern Rehabilitation*. 2020;14(1):47-54.

- ✓ Abbasi Soheila, Rasanani Mohammad Reza Hadian, Olyaei Gholamreza, Ghotbi Nastran, Bozorgmehr Ali, Rasouli Omid. Application of Various Methods of Lumbar Kinesio Taping on Pain and Disability in Patients with Chronic Low Back Pain: Narrative Review. *Archives of Neuroscience*. 2020; 7(2): 99982.
- ✓ Bozorgmehr Ali, Zahednejad Shahla, Salehi Reza, Ansar Nouradin Nakhostin, Abbasi Soheila, Mohsenifar Hoolako. Relationships between muscular impairments, pain, and disability in patients with chronic nonspecific low back pain: a cross sectional study. *Journal of exercise rehabilitation*. 2018;14(6):1041.
- ✓ Bozorgmehr Ali, Abbasi Soheila, Sarrafzadeh Javad, Mohsenifar Hoolakoo, Pourahmadi Mohammad Reza. Diagnostic Ultrasound Imaging in Rehabilitation. *Journal of Clinical Physiotherapy Research*.2017; 2(2):51-4.
- ✓ Fahimeh Kamali Sarvestani, Nasrin Salehi Dehno, Seifollah Dehghani Nazhvani, Mohammad Hadi Bagheri, Soheila Abbasi, Yasaman Khademolhosseini, Elham Gorji. Effect of low-level laser therapy on fracture healing in rabbits. *Journal of laser therapy*. 2017; 26(3):189-193.
- ✓ Abbasi Soheila, Rasanani Mohammad Reza Hadian, Ghotbi Nastran, Olyaei Gholamreza, Bozorgmehr Ali, Rasouli Omid. Short-term effect of kinesiology taping on pain, functional disability and lumbar proprioception in individuals with nonspecific chronic low back pain: a double-blinded, randomized trial. *Journal of chiropractic and manual therapy*. 2020.
- ✓ Abbasi Soheila, Rasanani Mohammad Reza Hadian, Ghotbi Nastran, Olyaei Gholamreza, Rasouli Omid. Reliability of ultrasound measurement of the lateral abdominal and lumbar multifidus muscles in individuals with chronic low back pain: a cross-sectional test-retest study, *Journal of bodywork and movement therapies*. 2020.

### **Translated or authored book**

1. The use of ultrasound technique in the diagnosis of musculoskeletal disorders: a research approach on the muscles of the lumbar region, authors: Soheila Abbasi, Ali Bozormehr, Dr. Ismail Ebrahimi Takamjani, Dr. Helako Mohsenifar. Farhang, Alam Publications, first edition: March 2017.

### **Lectures**

1. Speech in the webinar of ultrasound rehabilitation in trunk muscles coordinated by the central association of March 2022.
2. Discussions and questions and answers in more than ten live and recorded television programs from Ilam and your network with various topics related to physiotherapy from 2022-2024.
3. Presenting various seminars on rehabilitation ultrasound in the rehabilitation faculty of Tehran University of Medical Sciences from 2019.
4. Speech at the Stroke Rehabilitation Seminar, Kermanshah University of Medical Sciences Continuing Education Center, November and January 2024.

5. Speech at the Stroke Rehabilitation Webinar, Kermanshah University of Medical Sciences Continuing Education Center, February 2024.
6. Physiotherapy in burning Webinar, Kermanshah University of Medical Sciences Continuing Education Center, June 2024.
7. Sacroiliac manual therapy workshop, Kermanshah University of Medical Sciences Continuing Education Center, May 2024.
8. Manual Therapy of spine workshop, Kermanshah University of Medical Sciences Continuing Education Center, March 2024.

### **Poster presentations**

- ✓ Fahimeh Kamali Sarvestani, Seifollah Dehghani Nazhvani, Mohammad Hadi Bagheri, Soheila Abbasi, Yasaman Khademolhosseini, Elham Gorji. Effect of low-level laser therapy on fracture healing in rabbits. 21th Iranian Physiotherapy Association Annual Congress, Olympic Hotel, Tehran, Conference. May 2010.
- ✓ Fahimeh Kamali Sarvestani, Seifollah Dehghani Nazhvani, Mohammad Hadi Bagheri, Soheila Abbasi, Yasaman Khademolhosseini, Elham Gorji. Effect of low-level laser therapy on fracture healing in rabbits. 10th World Congress of Inflammation, Paris, France. June 2011.
- ✓ Abbasi Soheila, Rojhani-Shirazi Zahra, Shokri Esmaeil, San José FG-M. The effect of Kinesio Taping on postural control in subjects with non-specific chronic low back pain. 31st Kinesio Taping Association Research Symposium in Honolulu, Hawaii. June 30, 2017.
- ✓ Bozorgmehr Ali, Zahednejad Shahla, Salehi Reza, Ansar Nouradin Nakhostin, Abbasi Soheila, Mohsenifar Hoolako. Relationships between muscular impairments, pain, and disability in patients with chronic nonspecific low back pain: a cross sectional study. 23th Iranian Physiotherapy Association Annual Congress, Olympic Hotel, Tehran, Conference. May 2013.

### **Participation in workshop**

- ✓ day workshop "Pelvic floor disorders", the sixth course of the multi-faceted educational program and supplementary physical therapy in pelvic floor disorders. Iran University of Medical Sciences and Colorectal Research Center of Hazrat Rasool Akram (PBUH) educational and therapeutic center. July 2017.
- ✓ One-day workshop "Principles of Kinesiotype". Tehran University of Medical Sciences, Faculty of Rehabilitation. October 2014.
- ✓ One-day workshop "use of dry needling in the treatment of upper and lower limb muscle spasticity". Tehran University of Medical Sciences, Faculty of Rehabilitation. September 2014.

- ✓ One-day workshop "Familiarization with rehabilitation ultrasound and Image J software". Tehran University of Medical Sciences, Faculty of Rehabilitation. December 2016.
- ✓ Three-day workshop "Electroacupuncture in musculoskeletal disorders". Tehran University of Medical Sciences, Faculty of Rehabilitation. May 2018.
- ✓ Three-day workshop "Interpretation of MRI of spine, brain, upper and lower limbs". Tehran University of Medical Sciences, Faculty of Rehabilitation. May 2018.
- ✓ One-day "Biofeedback" workshop. Tehran University of Medical Sciences, Faculty of Rehabilitation. May 2018.
- ✓ One-day workshop "TDCS brain electrical stimulation". Tehran University of Medical Sciences, March 2017.
- ✓ One-day workshop "Familiarization with spine Mulligan techniques". Tehran University of Medical Sciences, Faculty of Rehabilitation. May 2018.
- ✓ Seven-day workshop "Principles of English Essay Writing". Iran University of Medical Sciences, Faculty of Rehabilitation. July 2016.
- ✓ One-day online workshop on pelvic floor physiotherapy in October 2024.
- ✓ One-day online workshop of physiotherapy in endometriosis, December 2024.
- Four-day online workshop of Application of artificial intelligence in education, July 2024.

### **Educational experience**

- ✓ Teaching undergraduate students of physiotherapy at Sina Hospital (Orthopedic Department) in Tehran from 2014-2016.
- ✓ Teaching undergraduate students of physiotherapy (international and national) in the special clinic of the Faculty of Rehabilitation of Tehran University of Medical Sciences (Physiotherapy Department) 2018.2020.
- ✓ Teaching undergraduate physiotherapy students of Kermanshah University of Medical Sciences from 2021 until now.

### **Clinical Experience**

- ✓ Activity in the physiotherapy department (inpatient and outpatient) of Imam Khomeini Hospital, Ilam from 2011-2021.
- ✓ Activity in a personal clinic in Ilam city from 2011-2020.
- ✓ Activity in the special clinic of the Faculty of Rehabilitation of Tehran University of Medical Sciences (Physiotherapy Department) from 2016-2020.
- ✓ Scientific Secretary of Iran Physiotherapy Association, Ilam branch from 2021 until now.
- ✓ Responsible for the rehabilitation committee of the sports medicine board of Ilam province from 2021 until now.

## **Rewards**

- ✓ The best undergraduate student in 4 consecutive years (2006-2011).
- ✓ The exemplary physiotherapist of the Ilam province in three years in a row (2021-2023).

## **Student activities**

- ✓ Member of Futsal team of Shiraz University of Medical Sciences from 2006-2009.
- ✓ Member of brilliant talent from 2006-2010.
- ✓ Activities in student associations in the dormitory and faculty 2006-2010.