

Curriculum Vitae

Dr Leeba Rezaie

Personal History:

• Birth: 1968.02.3, Kermanshah, Iran

• Marital Status: Single

• Address: Farabi Hospital, Department of Psychiatry, Kermanshah University of Medical Sciencess, Dolatabad Blvd, PO box: 6719851151, Kermanshah, Iran.

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Leeba Rezaie associate professor of occupational therapy currently works at sleep disorders research center of, Kermanshah University of Medical Sciences (KUMS). Leeba does research in sleep disorders (insomnia), suicide prevention (self-immolation), psychiatric disorders, (psychiatric rehabilitation) and adherence to treatment. Leeba does mostly research by qualitative approach.

Educations:

- BSc in Occupational Therapy, Rehabilitation school, Iran university, Tehran, Iran, 1987-1991
- MSc in Occupational Therapy, Rehabilitation school, Iran university, Tehran, Iran, 1992-1994
- PhD of Occupational Therapy, University of Social Welfare and Rehabilitation sciencess,
 Tehran, Iran, 2010-2013

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Honors and Awards:

- First Rank of BSc student Rehabilitation school, Iran university, Tehran, Iran, 1991
- Second Rank of MSc student Rehabilitation school, Iran university, Tehran, Iran, 1994
- Award as the Best Talk in Third Iranian congress of Occupational Therapy, Tehran,
 Iran, 1994
- Awards as the Best Annual Researcher of Kermanshah University of Medical
- Sciences, 2010
- Awards as the Best Annual Researcher of Kermanshah University of Medical
- Sciences, 2011
- Awards as the Best Annual Researcher of Kermanshah University of Medical
- Sciences, 2012
- Awards as the Best Annual Researcher of Kermanshah University of Medical
- Sciences, 2013
- Award as the best talk in 4th Iranian congress of cultural and social psychiatry, 2015
- Awards as the Best Annual Researcher of Kermanshah University of Medical
- Sciences, 2018

Clinical Experience:

- Clinical Work as Occupational Therapist in Kermanshah Farabi Hospital psychiatry ward.(1992-2009)
- Clinical work as chief Occupational therapist in Kermanshah Farabi Hospital psychiatry wards 2014- present.
- Chief member of journal club of psychiatry department of Kermanshah University of Medical Sciences, Iran, 2014- present.

Professional Appointments and membership:

- Head of Occupational Therapy Department, Farabi Hospital, Kermanshah University of Medical Sciences, Iran, 1992-2010
- Member of Sleep Research Center, Kermanshah University of MedicalSciences, Iran, 2006-Present.

- Member of Scientific Committee of 15th Iranian congress of Occupational Therapy, Tehran, Iran, 2011
- Member of Scientific Committee of 18th Iranian congress of Occupational Therapy, Tehran, Iran, 2013
- Member of Scientific Committee of 19th Iranian congress of Occupational Therapy, Tehran, Iran, 2014

Current Research Interest: Suicides, occupational therapy in mental disorders, sleep Disorders

Workshops:

- Prevention from addiction workshop, Kermanshah University of Medical Sciences, Iran,
 2000
- Life skills workshop, Kermanshah University of Medical Sciences, Iran, 2006
- Communication skills workshop, Kermanshah University of Medical Sciences, Iran, 2006
- Crisis intervention workshop, Kermanshah University of Medical Sciences, Iran,
- 2006
- Stress management workshop, Kermanshah University of Medical Sciences, Iran, 2000
- Crisis intervention workshop, Kermanshah University of Medical Sciences, Iran, 2005
- Preliminary research methodology workshop, Kermanshah University of Medical Sciences, Iran, 2006
- Women health workshop, Yazd University of medical sciences, Iran, 2000
- Research methodology workshop, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran, 2010
- Advanced statistic workshop, University of Social Welfare and Rehabilitation Sciences,
 Tehran, Iran, 2010
- Early intervention in NICU I workshop, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran, 2010

- Early intervention in NICU II workshop, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran, 2011
- Biofeedback workshop, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran, 2011
- Course of empowerment of young faculty members of Kermanshah University of Medical Sciences, Iran, 2014- present.

Teaching experience:

- Principal of Rehabilitation, Occupational Therapy, Play Therapy, Activity of daily living, Psychosocial Occupational Therapy to students of Kermanshah Health school, Kermanshah faculty Applied Center, and Tehran University of Social Welfare and Rehabilitation, 2000-present
- Rehabilitation principles for general health students of Health school of Kermanshah University of Medical sciences, Kermanshah, Iran. 2014- Present.

Thesis:

- Survey on families difficulties in care giving from schizophrenic patients who referred to Farabi hospital, MSc thesis, Rehabilitation school, Iran university, Tehran, Iran, 1994
- Exploration of the process of attempting suicide from occupational therapy perspective.
 PhD thesis.

Books:

- Kimberly Yonkers, Bertis B Little, Management of Psychiatric Disorders in Pregnancy,
 <u>Rezaie.L</u>, Assareh M, 2006, Kermanshah University of Medical Sciences [translation].
- Alex Kolevezon, Danil J Stewart, Psychiatry Pearls, <u>Rezaie. L</u>, Khazaie.H, 2009,
 Kermanshah University of Medical Sciences [translation].

Thesis consultation for medical students:

- A survey on risk factors for suicide in patients who referred to Kermanshah Imam Khomeini hospital. 2005. Kermanshah University of Medical Sciences.
- A survey on effect of chronic partial sleep deprivation on Prefrontal lobe function in Kermanshah medical residents.2007. Kermanshah University of Medical Sciences.
- A survey on efficacy of designed method for objective diagnosis of enurisis, 2007.
 Kermanshah University of Medical Sciences
- Epidemiologic study of addiction in patients with major depression who admitted in Farabi hospital. 2002. Kermanshah University of Medical Sciences
- A survey on efficacy of drugs intervention on sleep in third trimester of pregnancy. 2007.
 Kermanshah University of Medical Sciences.
- Epidemiologic study of psychiatric disorders in mentally retarded children. 2002.
 Kermanshah University of Medical Sciences. 2002. Kermanshah University of Medical Sciences.
- Epidemiologic study of who referred to psychiatric commission.2003. Kermanshah University of Medical Sciences.
- Epidemiologic study of patients with conversion disorder depression who admitted in Farabi hospital. 2005. Kermanshah University of Medical Sciences
- Study of dream content in schizophrenic patients. 2007. Kermanshah University of Medical Sciences.
- Comparison study of sleep disorders in smokers and nonsmokers.2009. Kermanshah University of Medical Sciences
- Comparison study of olanzapine and rispridone efficacy in paradoxical insomnia treatment. 2008. Kermanshah University of Medical Sciences
- Epidemiological study of anxiety disorders in patients who admitted to Farabi hospital.
 2002. Kermanshah University of Medical Sciences
- Epidemiological study of panic disorder in who admitted to Farabi hospital. 2002.
 Kermanshah University of Medical Sciences
- Epidemiological study of suicide in patients who referred to Kermanshah Imam Khomeini hospital. 2005. Kermanshah University of Medical Sciences.

- A survey on sleep disorders in war induced post traumatic stress disorders who referred to Farabi hospital. 2007. Kermanshah University of Medical Sciences
- Exploration of the reasons for dropping out of psychotherapy in Kermanshah Iran. 2015
- Comparative study of sleep quality in patients with positive and negative symptoms of schizophrenia. 2016
- The comparative study of personality characteristics among patients with paradoxical insomnia, and other types of primary insomnia. 2016

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Publications:

- Khazaie H, Najafi F, <u>Rezaei L</u>, Tahmasian M, Sepehry AA, Herth FJ. Prevalence of symptoms and risk of obstructive sleep apnea (OSA) syndrome in general population, *Archives of Iranian Medicine*, 2011 Sep;14(5):335-8.
- Khazaie H, Moradi MR, Rezaei M, Dabiri S, Nikray R, Tahmasian M <u>Rezaei L</u>, Younessi G, Schwebel DC,. Efficacy of objective diagnosis method of malingering enuresis: Introducing of an innovation. Neurosciencess, 2011 Jul;16(3):287-9.
- Khazaie H, <u>Rezaei L</u>, Tahmasian M, Schwebel DC. Insomnia Treatment by Olanzapine: Is Sleep State Misperception A Psychotic Disorder. Neurosciencess, 2010; 15 (2):160-162.
- **Rezaie L**, Khazaie H, Soliemani A, Schwebel DC. Is self-immolation a distinct method for suicide? A comparison of Iranian patients attempting suicide by self-immolation and by poisoning. Burns, 37 (2011) 159-163
- Rezaie L, Khazaie H, Soliemani A, Schwebel DC. Is self-immolation a predictable method for suicide? A comparison study of warning signs for suicide by self-immolation and by self-poisoning. Burns 2011 Dec;37(8):1419-26. Epub 2011 May 13.
- Khazaie H, <u>Rezaei L</u>, Alibakhshi R, Schwebel DC. Gene and Environment
 Interaction in Familial Suicidal Behavior: A Case Study of a Single Family with 4
 Committed Suicides. Saudi Medical Journal. 2011 Oct;32(10):1073-7
- Rezaie L, Hosseini SA, Rassafiani M, Najafi F, Shakeri J, Khankeh HR. Why self-immolation? A qualitative exploration of the motives for attempting suicide by self-

- immolation.Burns. 2014 Mar;40(2):319-27. doi: 10.1016/j.burns.2013.06.016. Epub 2013 Jul 24.
- Khazaie H, Tahmasian M, Mohamadi M, Ghanbari A, Yonessi G, <u>Rezaei L</u> .Schwebel DC. Comparison of dream content in schizophrenic patients, non schizophrenic mental patients, first degree relatives of schizopherenic patients and community control. Iran J Psychiatry 2012; 7:26-30
- Rezaie. L, Schwebel DC. An ecological approach to explain women suicide by self-immolation in rural Iran. Neurosciences (Riyadh). 2012 Oct;17(4):309-13..
- Khazaie H, Rezaie L, Darvishi F, Najafi F, Avis K. Treatment of paradoxical insomnia with atypical antipsychotic drugs: a comparison of olanzapine and risperidone.
 Neurosciences, Neurosciencess (Riyadh). 2013 Jan;18(1):64-9.
- Rezaie L, Schwebel DC. Research priorities for suicide by self-immolation: Beyond quantitative approaches.Burns. 2012 Jul 27. [Epub ahead of print]
- Khazaie H, Rezaie L, de Jong DM. Dropping out of outpatient psychiatric treatment: a preliminary report of a 2-year follow-up of 1500 psychiatric outpatients in Kermanshah, Iran.Gen Hosp Psychiatry. Gen Hosp Psychiatry. 2013 May-Jun;35(3):314-9..
- Khazaie H, Rezaie L, Long term hospitalization (6 months) for anorexia nervosa. (A Case Report). Behbood.(2007).vol (17), 395-401
- Rezaie L, Khazaie H. Is self-immolation a distinct entity? Behavior sciences studies. 2009.
- Rezaie L, Khazaie H. Voice of suicide trace. Behavior sciences studies. 2009.
- Khazaie H, <u>Rezaie L</u>. Demographic characteristics of 200 patients who attempted to suicide in Kermanshah. Behavior sciences studies. 2009.
- Khazaie H, <u>Rezaie L</u>,RezaeiPayam N, Najafi F. Antidepressant-induced sexual dysfunction during treatment with fluoxetine, sertraline and trazodone; a randomized controlled trial.Gen Hosp Psychiatry. 2015 Jan-Feb;37(1):40-5.
- Khankeh HR, Hosseini SA, <u>Rezaie L</u>, Shakeri J, Schwebel DC. <u>A model to explain</u> suicide by self-immolation among Iranian women: A grounded theory study. Burns. 2015 Nov;41(7):1562-71.

- Khazaie H, **Rezaie L**, Shahdipour N, Weaver P. <u>Exploration of the reasons for dropping</u> out of psychotherapy: A qualitative study. Eval Program Plann. 2016 Jun;56:23-30.
- Khankeh HR, Hosseini SA, Rezaie L, Shakeri J, Schwebel DC. Response to Letter to
 Editor "Some ethical challenges regarding self-immolation". Burns. 2016

 Aug;42(5):1153-4.
- Rezaie L, Hosseini SA, Khankeh HR, Rassafiani M, Shakeri J, Khazaie H. Exploration of how culture influences on attempting suicide by self-immolation among women.

 Tehran University Medical Journal, February 2016; Vol. 73, No. 11: 832-835
- Khazaie H, Rezaie L, shahdipour N. Exploration of the reason for dropping out of psychiatry from psychotherapist point of view: a qualitative study. Journal of Kermanshah University of Medical Sciences. 2015; vol (11): 655-666
- Khazaie H, Rezaie L, determination of consequences of chronic insomnia: a qualitative study. Scientific journal of Kurdistan university of medical sciences;2015: 20(4), 124-112.
- **Rezaie L,** Khazie H. Barriers to the treatment of insomnia from patients' perspectives: a qualitative study. Scientific journal of Kurdistan university of medical sciences;2016: 21(5): 91-100
- Rezaie L, Khazie H. Yazdani F, Exploration of the experience of living with chronic insomnia: A qualitative study. Sleep Science; 2016 (9):179-185
- **Rezaie L**, Fobian AD, McCall WV, Khazaie H. Paradoxical insomnia and subjective-objective sleep discrepancy: A review. Sleep Med Rev. 2018 Aug;40:196-202.
- Rezaie L, Phillips D, Khazaie H. Barriers to acceptance and adherence to continuous
 positive airway pressure therapy in patients with obstructive sleep apnea: a report from
 Kermanshah province, western Iran. Patient Prefer Adherence. 2018 Jul 20;12:12991304.
- Bavafa A, Khazaie H, Khaledi-Paveh B, Rezaie L. The relationship of severity of symptoms of depression, anxiety, and stress with sleep quality in earthquake survivors in Kermanshah. J Inj Violence Res. 2019 Jul;11(2):225-232.
- **Rezaie L**, Schwebel DC. Psychiatric needs for self-inflicted burn patients in developing countries: A call for action. Burns. 2019 Nov;45(7):1732-1733.

- **Rezaie L**, Schwebel DC. Psychological needs of the families of patients who attempted suicide by self-immolation: An overlooked issue. Burns. 2019 Dec;45(8):1938-1939.
- **Rezaie L**, Kendi S. Sleep quality as a target for improving quality of life in burn patients. Burns. 2019 Dec 31. pii: S0305-4179(19)30735-1. [Epub ahead of print].

Abstracts:

- Khazaie H, Rezaei L, Tahmasian M, Schwebel DC. Insomnia Treatment by
- Olanzapine: Is Sleep State Misperception A Psychotic Disorder? World psychiatric Association International Congress, Beijing, China, 1-5 September 2010.
- Khazaie H, Moradi MR, Rezaei M, Dabiri S, Nikray R, Rezaei L, Younessi G,
- Schwebel DC, Tahmasian M. Efficacy of designed method for diagnosis of malingering type of enuresis: Introducing of an innovation, World Psychiatric Association International Congress, Beijing, China, 1-5 September 2010
- Khazaie H, <u>Rezaei L</u>. Dream Content of schizophrenic, N on schizophrenic mentally ill,
 Sibling of schizophrenic patients, And community control Adolescents. World Psychiatric Association International Congress. Hong kong. 2007
- Shakeri J. <u>Rezaie L</u>. Chaichi A. Epidemiology of psychiatric disorders in mental retardation. The 5th Iranian annual meeting of psychiatry. 2005
- RezaieL .KhazaieH,Assareh M. Is women suicide by self-immolation in Kermanshah province a cultural phenomenon? The third Iranian congress of socio cultural psychiatry. 2008
- Khazaie H, Assareh M, <u>Rezaei L</u>. Survey on the reasons for suicide by self-immolation. The 5th Iranian annual meeting of psychiatry.2005
- Khazaie H, <u>Rezaei L</u>. A case report of insomnia treatment by treatment protocol of delusional disorder. The 8th Iranian annual meeting of psychiatry. 2008
- Rezaie L, Shakeri J, Burnout in psychiatrists. The 8th Iranian annual congress of psychiatry. 2008
- Khazaie H, <u>Rezaei L.</u> Dream Content of schizophrenic,N on schizophrenic mentally ill,
 Sibling of schizophrenic patients, The 8th Iranian annual meeting of psychiatry. 2008

- Rezaie L, Khazaie H, A case report of 4 committed suicide in a family.10th Iranian annual meeting of psychiatry. 2010
- Khazaie H, Rezaei L, Tahmasian M, Schwebel DC. Insomnia Treatment by
- Olanzapine: Is Sleep State Misperception A Psychotic Disorder? 10th Iranian annual meeting of psychiatry. 2010
- Khazaie H, Moradi MR, Rezaei M, Dabiri S, Nikray R, <u>Rezaei L</u>, Younessi G, Schwebel DC,. Efficacy of objective diagnosis method of malingering enuresis: Introducing of an innovation. 10thIranian annualmeeting of psychiatry. 2010
- Khazaie H, <u>Rezaei L</u>, Naseri A, Survey on sleep disorders in war induced post traumatic disorders. 4th symposium of prevention and treatment of neuropsychological war- Related complications. 2007
- Rezaie L, Role of continuous education in burnout prevention of medical staff. The first Iranian congress of research in nursing. 2008
- Shakeri J, Karami B, <u>Rezaie L</u>, Epidemiologic study of addiction in patients with major depression who admitted in Farabi hospital. The first Iranian congress of Health. 2001
- <u>RezaieL</u>, Khaledi B, psychological consequences of trauma in children. The first Iranian congress of trauma. 2003
- **<u>RezaieL</u>**, psychosocial aspects of talasemia. First Iranian congress of Talasemia, Kermanshah. 1997
- RezaieL . Psychodrama. First Iranian congress of Occupational Therapy. 1992
- <u>RezaieL</u>. Survey on families difficulties in caring from schizophrenic patients. Third Iranian congress of Occupational Therapy. 1994
- **Rezaie L** .Burnout in occupational therapists. 6th Iranian congress of Occupational Therapy.1997
- **Rezaie L**. Understanding of suicide for occupational Therapists. The 15th Iranian congress of occupational Therapy. 2011.
- Rezaie L. PEOP model and suicide prevention. The 16th Iranian congress of occupational Therapy. 2011.
- Hossinie A, Haghgoo H, RezaieL . Ethic in research, Third Iranian congress of Ethic in Nursing. 2011

- <u>RezaieL</u> . Psychosocial rehabilitation of addiction. First Kermanshah province congress of Addiction Prevention. 1997
- Rezaie L. An overview of Occupational Therapy Services in the Promotion of Health and the Prevention of Disease and Disability The 17th Iranian congress of occupational Therapy. 2012.
- Rezaie L, Rassafiani M. Is Cognitive Behavior Therapy (CBT) an Alternative Treatment for Pharmacotherapy for Children with Obsessive Compulsive Disorders? (A Critically Appraised Topic) .The 5th international congress of child and adolescence psychiatry. Iran. Tehran. 2012
- Rezaie L. Exploration of the experience, and mood outcomes of insomnia: a qualitative study. 31 th annual meeting of Iranian psychiatry. 2014
- <u>Rezaie L</u>.Hosseini SA, Khankeh HR. Rassafiani M. Shakeri J. Exploration of process of suicide by self-immolation from Occupational Therapy perspective Disability The 19th Iranian congress of occupational Therapy. 2014.
- **Rezaie L.** Occupation and mental health promotion. The 19th Iranian congress of occupational Therapy. 2014.
- Rezaie L. Shakeri J.Hosseini SA, Khankeh HR. Exploration of socio- cultural context of attempting suicide by psychiatry: A qualitative study. 4th Iranian congress of cultural and social psychiatry, 2015
- Rezaie L. khazaie H. Insomnia and related beliefs': A qualitative study. 4th Iranian congress of cultural and social psychiatry, 2015
- Rezaie L. Exploration of barriers to participate in leisure time physical activities in chronic psychiatric patients: a qualitative study. The 20th Iranian congress of occupational Therapy. 2015.
- **Rezaie L.** Work-life balance: Occupational balance in daily living. The 20th Iranian congress of occupational Therapy. 2015.
- **Rezaie L.** Understanding of sleep disorders for occupational therapists. The 20th Iranian congress of occupational Therapy. 2015.
- Rezaie L. An overview of sleep disorders in schizophrenia. The 20th Iranian congress of occupational Therapy. 2015.

- **Rezaie L.** Sleep problems from occupational therapy perspective. 32 th annual meeting of Iranian psychiatry. 2015
- Rezaie L. Khazaie H. Exploration of consequences of insomnia: a qualitative study: 32 th annual meeting of Iranian psychiatry. 2015
- **Rezaie L.** Exploration of the experience, and consequences of insomnia in veteran with chronic PTSD: A qualitative study: 32 th annual meeting of Iranian psychiatry. 2015
- Rezaie L. An umbrella to all symptoms. Exploration of the consequences of insomnia on daily living of chronic war- induced PTSD: a qualitative study. National congress of Disaster Management with Health system approach. 2016.
- Rezaie L. Exploration of patients needs following discharge from psychiatric hospitals: a qualitative study. 33 st annual meeting of Iranian psychiatry. 2016.
- **Rezaie L.** Exploration of patients' experience of admission in psychiatric hospital: a qualitative study. 33 st annual meeting of Iranian psychiatry. 2016.
- **Rezaie L.** Khazaie H. Exploration of barriers for treatment of insomnia from patients' perspectives: a qualitative study. 33 th annual meeting of Iranian psychiatry. 2016.

Professional References (complete names, addresses, and phone numbers):

- Habibolah Khazaie, MD, Professor of psychiatry, Farabi Hospital, Sleep Research
 Center, Department of Psychiatry, Kermanshah University of Medical Sciences,
 Dolatabad Blvd, PO box: 6719851151, Kermanshah, Iran. Phone: +98-918-8332426
 (Cell Phone). Email: hakhazaie@gmail.com
- Seyed Ali Hosseini, PhD, Associated professor of Occupational therapy. Occupational therapy Department. University of social welfare, and rehabilitation sciences. Tehran, Iran. 912-3907872.(Cell Phone). Email: alihosse@gmail.com